



# General Characteristics

Based on Michael's responses, the report has selected general statements to provide a broad understanding of his level of emotional intelligence.

## Self-Awareness

- He has a firm grasp of his emotional strengths and weaknesses.
- In most situations, he has a strong awareness of his emotions.
- Clearly identifies his emotional reactions to life situations.

## Self-Regulation

- When he sees conflict arising, he is able to effectively manage his emotions while resolving the issue.
- Proactive in lifting himself out of a bad mood.
- Others see him as someone with a stable temperament.

## Motivation

- Often looks for ways to develop his skills or improve his career.
- His passion for his work is evident.
- Runs the risk of being seen as a workaholic if the work leads to the goal.

## Empathy

- Needs to be careful not to make too many compromises when faced with conflict due to his understanding of others' emotions.
- Has a unique ability to put himself in another person's shoes.
- When using active listening skills, he will predict a person's emotional state and use this information to communicate more effectively.

## Social Skills

- He is usually persuasive and is able negotiate well with others.
- Generally, others find spending time with him a positive experience.
- He tends to use his relationship connections to reach outcomes.




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